

THE TENTH ANNUAL REPORT
OF THE
BRIGHTON
COUNTY BOROUGH ASYLUM,
HAYWARDS HEATH,
BEING THE 55TH ANNUAL REPORT
SINCE THE
OPENING OF THE ASYLUM,
FOR THE YEAR 1913.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

1914.

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LIST OF THE VISITING COMMITTEE.

- ALDERMAN WILLIAM BOTTING, J.P.,
80 Grand Parade, Brighton.
- ALDERMAN EDWARD JOHN BUTT-THOMPSON,
13 Richmond Terrace, Brighton.
- ALDERMAN JAMES COLBOURNE, J.P.,
24 Preston Park Avenue, Brighton.
- ALDERMAN EDWARD GEERE, J.P.,
"Burmah," Harrington Road, Brighton.
- ALDERMAN JOHN LONSDALE OTTER,
16 Vernon Terrace, Brighton.
- ALDERMAN WILLIAM SENDALL, J.P. (*Chairman*),
131 Preston Road, Brighton.
- ALDERMAN JOSEPH STRINGER,
7 Wellington Road, Brighton.
- ALDERMAN FRANCIS THOMAS WILSON, J.P.,
21 New Steine, Brighton.
- COUNCILLOR THOMAS JAMES BRAYBON,
Devonshire House, West Drive, Brighton.
- COUNCILLOR WILLIAM HILL-HUNTER,
151 Preston Road, Brighton.
- COUNCILLOR JOHN LINTOTT,
1 Waldegrave Road, Brighton.
- COUNCILLOR JAMES WILLIAM PENFOLD,
21 Preston Park Avenue, Brighton.
- COUNCILLOR JOHN SOUTER PORT,
49 Beaconsfield Villas, Brighton.
- COUNCILLOR HORACE WILFRID SKINNER,
20 Gloucester Place, Brighton.
- COUNCILLOR CYRIL WILKINSON,
7 Cavendish Place, Brighton.

31st MARCH, 1914.

LIST OF THE OFFICERS.

Medical Superintendent—C. Planck, Esq., M.A. (Camb:) M.R.C.S. and L.R.C.P.

First Assistant Medical Officer—G. H. Harper-Smith, Esq., M.A., M.D. (Camb:), M.R.C.S. and L.R.C.P.

Second Assistant Medical Officer—H. J. Forster, Esq., L.R.C.P. (Irel:) Lic. Med. and Surg. and L.S.A. (Lond.)

Chaplain—The Rev. E. R. D. Litle, M.A.

Clerk of the Asylum—Mr. G. Purvey.

Assistant Clerk—Mr. E. C. Thompson.

Storekeeper—Mr. E. E. Doughty.

Housekeeper—Miss M. Darbyshire.

Head Attendant—Mr. John Backhouse (Male Department).

Matron—Miss J. Goodwin.

Assistant Female Officer—Miss M. Hunter.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Hugo Talbot, Esq.

31st March, 1914.

Brighton County Borough Asylum,

HAYWARDS HEATH.

TENTH ANNUAL REPORT OF THE VISITING COMMITTEE

(Pursuant to Section 190 of the Lunacy Act, 1890),

BEING THE FIFTY-FIFTH ANNUAL REPORT SINCE THE
FOUNDATION OF THE INSTITUTION.

To the Council of the County Borough of Brighton.

THE VISITING COMMITTEE beg to submit their
Report for the past year.

It is with deep regret that the Committee record
the great loss they have sustained through the lamented
death of their Chairman, Alderman E. J. Reeves, J.P.

The late Alderman was one of the first representatives
of the Council on the Visiting Committee of the East
Sussex County Asylum, having been appointed to that
office in October, 1889. He was Chairman of the
Asylum Committee of the Council in 1901 and 1902,

and when, in 1903, the Asylum came under the sole control of Brighton, he was elected Chairman of the Visiting Committee, which office he held continuously down to the time of his death. He was always deeply sympathetic with the afflicted inmates of the Asylum, and earnestly solicitous for their welfare, as well as keenly interested in the administrative work of the Committee. The Institution has lost in Alderman Reeves a zealous friend who will be long regretted.

The number of Patients on the books on the 30th September last, and on the corresponding date of last year, was as follows :—

	1913.	1912.
Males	346	365
Females	456	462

The numbers are divided as follows :—

	1913.	1912.
From Brighton Union . . .	543	572
From the part of Steyning Union within the County Borough	74	72
Out County	153	152
Private	32	31
	—	—
Totals . .	802	827
	—	—

In addition to the above, there are 13 imbecile

children placed under contract in Hellingly Asylum, as against 8 at the same date last year.

The general health of the Patients and Staff has been good.

The Weekly Maintenance Rate in respect of the four quarters of 1913 was fixed by the Committee as follows:—

		1913.		Corresponding Quarter of 1912.	
		s.	d.	s.	d.
March Quarter	11	6	10	0
June	„	11	6	11	0
September	„	11	6	11	0
December	„	12	0	11	0

The only change which has occurred during the year in the personnel of the Chief Officers has been the appointment of Miss Madge Hunter, previously a charge nurse in the Asylum, as Assistant Female Officer, in place of Miss Violet Spence, who had obtained another appointment.

The patients have been visited, and the Wards inspected, at each monthly meeting by members of the Committee.

The Farm, Finance and Stores Sub-Committees have reported on the various matters under their supervision at each meeting of the Visiting Committee.

On the 13th June last two of the Commissioners in Lunacy made a visit of inspection, and left a report.

During the year deputations from Boards of Guardians visited the patients in the Asylum chargeable to their respective Unions, and in every case expressed their satisfaction with the arrangements made for the care of their patients.

The Committee have, during the year, carried out works of repair, painting and improvements to the farmhouse, the cottages on the estate, and also to the officers' quarters in the main building. These works were executed under one contract, at a total cost of about £315.

Certain of the fences on the estate have been renewed, at a cost of £51 17s. 3d.

The additions and alterations to Female Ward No. 6, and the enlargement and improvement of the Airing Courts, which works were in progress at the date of the last Annual Report, have now been practically completed. As the result of these alterations, No. 6 Ward, in which the most serious female cases are treated, has been more than doubled in size, and the enlarged ward has been sub-divided into three divisions, so as to admit of a certain degree of classification of the patients, by which their comfort will be greatly enhanced.

In the case of the Airing Courts, the prison-like brick boundary walls have been removed, the area of the courts has been greatly enlarged, and light iron

boundary fences have been provided after the pattern used at recently constructed asylums. Covered seats or summer houses have been provided for the use of the patients, and the courts have been laid out with flower beds, grass plots and shrubberies. The Committee feel sure that these improvements will greatly add to the comfort and well-being of the patients.

These improvements have been carried out without charge upon the Rate, the funds having been provided out of the profit earned from patients taken under contract from other Authorities.

In connection with the laying-out of the Airing Courts, the Committee desire to acknowledge the services rendered by Mr. Ward, the Parks and Gardens Superintendent of the Corporation, and later, of Mr. Clements, the Deputy Borough Surveyor, under whose supervision the work was carried out.

The erection of the new Nurses' Home in the Asylum Grounds, the plans for which have been approved by the Council, is well in hand, and it is anticipated will be ready for occupation early next year.

On the 30th May last the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March last, and these accounts have been published in the Committee's Blue Book.

The Committee beg to inform the Council that the Building and Repairs Fund, which, as the Council are aware, consists of the excess arising from the receipts in respect of the maintenance of patients taken

under contract from other Authorities or otherwise chargeable to Unions outside the County Borough of Brighton, now stands at £3,570 7s. 9d., as compared with £11,887 9s. 5d. at the same period last year, the diminished balance being due to the fact that the payments under the contracts for the improvement of Female Ward No. 6 and the erection of the new Nurses' Home, together with the cost of laying out the Airing Courts, have been defrayed out of the Fund. The total amount which had been paid into the Fund during the year in respect of the excess arising from the receipts for the maintenance of contract and Out-Borough patients was £1,701 19s. 5d.

The following are the payments which have been made out of the Fund since the date of the last Report, viz.:—

	£	s.	d.
Ordinary Repairs and Insurance	2,102	3	4
Superannuations	47	19	6
Alteration to Female Ward No. 6 and Enlargement and Improvement of Airing Courts	4,755	11	11
Erection of Nurses' Home	1,021	4	10
Fencing	51	17	3
	<hr/>		
	£7,978	16	10
	<hr/>		

The Committee have continued the course pursued

for the past three years of abstaining from making precepts upon the Borough Treasurer in respect of the cost of ordinary repairs, insurance and superannuation allowances at the Asylum, with the result that the Borough Rate has been relieved to the extent of £2,202 os. 1d. during the year.

A pension of £43 14s. 2d. has been granted to Charles Godwin, night attendant, under the Asylums' Officers' Superannuation Act, 1909.

Dr. Planck, his medical colleagues and the Staff generally continue to discharge their responsible duties to the satisfaction of the Committee.

On behalf of the Visiting Committee,

(Signed) W. SENDALL,

The Asylum,

Chairman pro tem.

Haywards Heath,

25th October, 1913.

PART I.—MAIN—

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.	
Net Balance in hand brought forward from Abstract for the previous year...										6293	11	1	
Sums received on Account of Pauper Patients:—													
1. From Guardians of Poor Law Unions within the Borough—													
NAMES OF UNIONS.				For Main-tenance at 11/6, 12/-, 12/6 per head per week.			Funeral and other purposes.						
				£	s.	d.	£	s.	d.				
Brighton	16881	6	8	57	0	0	16938	6	8	
Steypning	2384	4	11	3	0	0	2387	4	11	
				19265	11	7	60	0	0	...	19325	11	7
From Guardians of other Poor Law Unions—													
NAMES OF UNIONS.				For Main-tenance at 11/6 to 14/- per head per week.			Funeral and other purposes.						
				£	s.	d.	£	s.	d.				
Cuckfield	41	17	8							
Paddington	12	18	0							
Cardiff	13	8	0							
Steypning	13	12	0							
Portsmouth	1	14	0							
Edmonton	36	10	0							
Barnstaple	5	10	0							
Brentford	12	12	0							
Lambeth	30	16	0							
Wandsworth	19	16	0							
Uckfield	1	2	0							
Bermondsey	15	16	0							
West Ham	7	4	0	2	15	0				
Hammersmith	1	10	0							
Tonbridge		12	0							
Meriden		2	0							
Thetford	3	10	0							
Leyburn	7	2	0							
Windsor	3	14	0							
Poplar	5	2	0							
				234	7	8	2	15	0	...	237	2	8
2. From Council of Brighton County Borough—													
From the Treasurer of the Borcugh for Patients adjudged chargeable thereto at 11/6, 12/- and 12/6 per head, per week											239	3	3
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommo- dation at other Asylums											127	14	3
Carried forward											19929	11	9
											6293	11	1

*of the Receipts and Expenditure of the Visiting Committee of the Lunatic
to the Council of the County Borough of Brighton.*

TENANCE ACCOUNT.

	£	s.	d.	£	s.	d.	£	s.	d.
EXPENDITURE.									
Salaries, Wages, and Uniforms of Officers and Attendants :									
Salaries and Wages (exclusive of sums paid for Labour chargeable in the Farming and Gardening Account, or in the Building and Repairs Fund Account)—									
Officers	2719	11	7						
Servants	4594	18	5						
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylum Officers' Superannuation Act, 1909	177	14	9						
				7492	4	9			
Uniforms				257	1	10			
Provisions, Malt Liquor, Wines and Spirits :—									
Provisions				7761	15	3			
Malt Liquor, Wines and Spirits (not included in ordinary diet)				64	10	6			
Farm and Garden Expenses :—									
Cash Payments included on Page 17				1849	11	0			
Clothing for Patients				1138	4	2			
Furniture and Bedding				812	14	4			
Fuel, Lighting, Washing and other Necessaries				4489	8	7			
Expenses attending the Removal, Discharge and Burial of Patients				51	13	10			
Carried forward				23917	4	3			

PART I.—MAINTENANCE

RECEIPTS.				£	s.	d.	£	s.	d.	£	s.	d.
Brought forward	19929	11	9	6293	11	1
3. From the Treasurers of other Asylums for Patients received under Contract or arrangement.												
NAMES OF ASYLUMS.	Rate per Week.	Main-tenance.	Funerals.									
Eastbourne	15/- and 17/6.	5290 6 2	16 10 0	5306	16	2						
London	14/-.	730 0 0		730	0	0						
		6020 6 2	16 10 0				6036	16	2			
Sums received on Account of Private Patients :—												
For Maintenance at 16/- and 42/- per head per week ..				1795	3	1						
For Expenses attending the Removal, Discharge or Burial of Patients				13	10	6				1808	13	7
Cash Receipts on Farming and Gardening Account (see Page 16)			340	9	4			
Receipts from Local Authorities not included above :—												
Names of Local Authorities.		Purposes.										
East Sussex County Council ...		Pensions			84	16	3			
Other Receipts, viz.:—												
Receipts from Sale of Kitchen Stuff, Old Stores, and Sundries from Asylum				387	8	8						
Rents				12	9	0						
Fines				12	9	9						
Bankers' Interest				48	3	7						
Insurance Commissioners (Refunded Contributions) ...				15	7	10						
							475	18	10			
Total Receipts			28676	5	11
Total of Receipts and Balance			34969	17	0

PART II.—BUILDINGS AND

Net Balance in hand brought forward from Abstract for the previous year	£	s.	d.	£	s.	d.	£	s.	d.
Sums received from the Treasurer of the Borough on Account of—			6368	8	11
Ordinary Repairs									
Insurance and Rates									
Other Receipts, specifying them :—									
Bankers' Interest			140	3	3			
Transfers from the Maintenance Account, viz :—									
(a) Excess of Weekly Charge on "Out-Borough" Pauper Patients	1510	14	0						
(b) Excess of Weekly Charge on Private Patients ..	637	5	3						
Receipts from Local Authorities not included above :—									
Names of Local Authorities.		Purposes.							
East Sussex County Council ...		Pension			21	12	10
Total Receipts and Transfers					
Net Balances against at the end of the year					
Total of Receipts, Transfers and Balances					
							2309	15	4
							1236	18	1
							9915	2	4

ACCOUNT—continued.

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Brought forward	23917 4 3	
Transfers to the Building and Repairs Fund Account, viz. : (a) Excess of Weekly Charge on " Out-Borough " Pauper Patients	1510 14 0		
(b) Excess of Weekly Charge on Private Patients ...	637 5 3	2147 19 3	
Payments to Treasurers of other Asylums for Patients received under Contract :— East Sussex County Asylum	527 10 10	
Other Payments, specifying them :— Surgery and Dispensary	209 9 9		
Rates, &c.	1253 3 8		
Stationery and Printing	250 6 4		
Periodicals and Amusements	154 3 9		
Incidentals	226 16 11	2094 0 5	
Total Expenditure and Transfers...	28686 14 9
Balance	6283 2 3
Total of Expenditure, Transfers and Balance	34969 17 0

REPAIRS FUND ACCOUNT.

	£ s. d.	£ s. d.	£ s. d.
Sums paid on Account of :— Ordinary Repairs	2130 2 0		
Alterations and Improvements	7711 17 6		
Superannuation	47 19 6	9889 19 0	
Insurance, &c.	25 3 4	
Total Expenditure	9915 2 4
Net Balances at end of the year
Total of Expenditure and Balances	9915 2 4

SUMMARY OF RECEIPTS, EXPENDITURE

RECEIPTS.							£	s.	d.	£	s.	d.	£	s.	d.
Receipts and Transfers :—															
Maintenance Account	28676	5	11						
Building and Repairs Fund Account:—															
Moneys raised by means of Loans	2309	15	4						
Other Moneys									
Total	30986	1	3				30986	1	3
<i>Deduct</i> —Transfers from the Maintenance Account to the															
Building and Repairs Fund Account							2147	19	3
Total Receipts							28838	2	0

Submitted to the Finance Committee this 25th day of April, 1914.

(Signed) W. BOTTING.

PART III.—FARMING AND

	£	s.	d.	£	s.	d.	£	s.	d.
Estimated Value of Produce supplied to the Asylum during the year ended 31st March, 1914:—									
Butchers' Meat	283	6	1						
Poultry, Rabbits and Eggs	65	18	10						
Milk	613	6	2						
Vegetables	441	9	9						
Fruit	38	10	10						
Keep of House Horse	23	8	0						
Cash Receipts from Sales of Produce							1465	19	8
Total Receipts							340	9	4
Estimated Value of Stock :—									
Live Stock	1303	9	3						
Dead Stock	580	9	4						
Tenant's Valuation	499	0	7						
Provender	237	13	9						
Balance at the end of the year									
Total							2620	12	11
							141	12	5
							4568	14	4

AND TRANSFERS IN PARTS I. AND II.

EXPENDITURE.	£	s.	d.	£	s.	d.	£	s.	d.
Expenditure and Transfers :—									
Maintenance Account	28686	14	9						
Building and Repairs Fund Account :—									
Out of Moneys raised by means of Loans	9915	2	4						
Out of other Moneys									
Total							38601	17	1
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account							2147	19	3
Total Expenditure							36453	17	10

Examined 23rd April, 1914. H. M. STEVENS, Borough Accountant.

GARDENING ACCOUNT.

	£	s.	d.	£	s.	d.	£	s.	d.
1913—March 31st.									
Estimated Value of Stock :—									
Live Stock	1417	1	6						
Dead Stock	527	13	1						
Tenant's Valuation	593	4	6						
Provender	181	4	3						
							2719	3	4
1914—March 31st.									
Cash Payments in respect of :—									
Labour	789	4	7						
Seeds and Manure	208	17	5						
Stock—Live and Dead	261	14	3						
Provender	445	12	7						
Other Cash Payments, specifying them :—									
Thrashing and Thatching... ..	31	16	7						
Railway Carriage	13	15	6						
Medicine, &c.... ..	25	16	6						
Sundries	28	9	11						
Rates and Taxes	33	13	8						
Valuation	10	10							
Total Cash Payments						849	11	0	
Total Expenditure							1849	11	0
Balance in favour at the end of the year									
Total							4568	14	4

I hereby certify that the foregoing are correct Accounts for the Year ended 31st March, 1914.

As witness my hand this 21st day of April, 1914.

GEO. PURVEY,

Clerk of the Asylum,

BRIGHTON COUNTY BOROUGH ASYLUM, HAYWARDS HEATH.

BALANCE STATEMENT for the Quarter ending 31st March, 1914.

MAINTENANCE ACCOUNT.				ASSETS.			
DEBITS.							
	£	s. d.	£	s. d.	£	s. d.	£
Invoice Account—Sundry Tradesmen	4217	10 2			Due from Guardians of Poor Law Unions within the Borough:—		
Cheques drawn but not paid in, viz.:—					Brighton	4292	7 6
Pellerin and others	1742	14 7	5960	4 9	Steyning	642	14 7
Balance as per last Quarter's Statement	5982	19 5			Other Poor Law Unions	67	4 9
Add Income in Excess of Expenditure this Quarter	300	2 10	6283	2 3	Treasurer of the Borough	60	3 7
					Treasurers of other Asylums	1476	13 6
					Private Patients	23	5 10
					Farm Sales	10	14 11
					Stores' Sundry Sales	85	18 3
					Rents and Fines	6	9 6
					Borough Council (Rebate)	29	4 0
					Treasurer E. S. Council—Pensions	44	2 6
					Building and Repair Fund	1559	0 2
						8297	19 1
					Cash in Banker's hands	3534	1 8
					" Clerk's hands	411	6 3
						3945	7 11
						£12243	7 0
BUILDING AND REPAIR FUND ACCOUNT.							
	£	s. d.	£	s. d.		£	s. d.
Maintenance A/c.....			1559	0 2	Due from East Sussex County Council (Pension)		
					Cash in Banker's hands		
					Balance	1236	18 1
						£1559	0 2

Submitted to the Finance Committee this 25th day of April, 1914.

Examined 23rd April, 1914.

H. M. STEVENS, Borough Accountant.

GEO. PURVEY, Clerk of the Asylum.

BRIGHTON COUNTY BOROUGH ASYLUM, HAYWARDS HEATH.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1914. Cr.

1913.—March 31st.	£	s.	d.	£	s.	d.	1913.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of							By Sale of—						
Live Stock.....	1417	1	6				2 Cows	40	5	0			
Estimated Value of							13 Calves	30	11	8			
Dead Stock	527	13	1				64 Sheep	162	14	6			
Estimated Value of							17 Pigs	91	16	2			
Tenant's Valuation	593	4	6				Hides and Skins	10	4	0			
Estimated Value of							Carcases—1 Horse, 2						
Provender	181	4	3				Cows	3	0	0			
				2719	3	4	Wheat	19	9				
To Purchase of—							Sundries	18	2				
Labour—											340	9	4
Wages of Bailiff,							By Produce supplied to House—						
Gardener, Cowman,							648 lbs. Beef @ 4 ³ / ₈ d.	11	16	3			
Carters, and other							14,467 lbs. Pork @ 4 ¹ / ₄ d.,						
Servants employed							4 ³ / ₈ d. and 4 ¹ / ₄ d.	271	3	1			
on Farm and Garden	789	4	7				Bells, Livers, &c.	6	9				
				789	4	7					283	6	1
Stock—Live and Dead—							16,355 gals. Milk @ 9d.	613	6	2			
2 Cows	46	10	0				10,116 No. Eggs ... „ 1d.	42	3	0			
50 Sheep	102	10	0				177 „ Poultry „ 2/6	22	2	6			
1 Horse	68	5	0				40 „ Rabbits „ 10d.	1	13	4			
6 Pullets	1	7	0								679	5	0
Implements	43	2	3				2,185 bus. Cabbage @ 1/-	109	5	0			
				261	14	3	153 ¹ / ₄ „ Onions „ 2/-	15	6	6			
Provender—							1,362 „ Potatoes „ 2/6	170	5	0			
Oil Cake	120	15	3				29 ¹ / ₂ „ Peas ... „ 2/-	2	19	0			
Molascuit	12	2	6				307 „ Beans „ 2/-	30	14	0			
Bran and Sharps	97	13	9				36 ¹ / ₂ „ Carrots „ 2/-	3	13	0			
Oats	6	19	0				82 „ Parsnips „ 2/-	8	4	0			
Chikko	8	11	0				189 „ Turnips „ 10d.	12	0	10			
Barley and Maize	49	5	0				3,704 Cauliflowers „ 1 ¹ / ₂ d.	23	2	11			
Cotton Meal	112	12	4				Other Vegetables	51	18	2			
Grains	37	13	9				Fruit and Rhubarb ...	38	10	10			
				445	12	7	Vegetables and Fruit						
Seeds and Manures—							supplied to Medical						
Seeds, Manures & Lime	208	17	5				Superintendent	14	1	4			
				208	17	5					480	0	7
Other Payments—							Keep of House Horse ...	23	8	0			
Thrashing & Thatching	31	16	7								23	8	0
Railway Carriage	13	15	6				By Estimated Value of						
Medicine and Shoeing	25	16	6				Live Stock	1303	9	3			
Valuation	10	10	0				Estimated Value of						
Sundries	28	9	11				Dead Stock	580	9	4			
				110	8	6	Estimated Value of						
Rates and Taxes	33	13	8				Tenant's Valuation	499	0	7			
Estimated Rent on Land	200	0	0				Estimated Value of						
				233	13	8	Provender	237	13	9			
											2620	12	11
							Balance against Farm				341	12	5
											£4768	14	4

Examined by the Farm Committee, 25th April, 1914.

(Signed) GEO. PURVEY,
Clerk of the Asylum.

THE ESTABLISHMENT.

OFFICERS.

	Salary.	Emoluments.	Estimated Value.
Medical Superintendent	£800	Furnished House, Coals, Vegetables, and Laundry	£250
First Assistant Medical Officer...	300	Lodging, Board, Washing and Attendance	150
Second Assistant Medical Officer	225	Ditto	140
Chaplain	260		
Clerk of Asylum	300	Privilege of Purchasing at Stores	5
Assistant Clerk	120		
Storekeeper	170	House, Coals, and Gas	37 10
Head Attendant (Male)	135	Ditto	40
Matron	90	Lodging, Board, Washing and Attendance	85
Housekeeper	70	Ditto	85
Female Assistant Officer	60	Ditto	65
Total	...	11	

ATTENDANTS AND SERVANTS.

MALES.				FEMALES.			
	Ann.	Nett.	£ s.		Ann.	Nett.	£ s.
*1 Organist	60 0	1 Day Nurse (Infirmery)	39 0
1 Hall Porter	40 0	1 " " "	35 10
*1 Night Attendant	83 4	1 " " "	31 0
*1 " "	73 4	1 " " "	30 0
*1 " "	71 0	1 " " "	29 0
*2 " "	67 4	1 " " "	28 0
2 " "	31 0	1 " " "	26 0
1 Day Attendant (Infirmery)	54 10	1 " " "	25 0
1 " " "	53 10	3 " " "	24 0
1 " " (Farm)	51 10	3 " " "	23 0
1 " " "	50 10	5 " " "	22 0
1 " " (Dining Hall)	49 10	9 " " "	21 0
1 " " "	49 10	23 " " "	20 0
2 " " "	48 10	1 Night Nurse	36 0
2 " " "	47 10	1 " " "	28 0
1 " " "	45 10	1 " " "	23 0
1 " " (House)	43 10	4 " " "	22 0
1 " " "	43 10	1 Seamstress	28 0
1 " " (Bath)	43 10	1 Cook	36 0
1 " " "	42 0	1 Cook (Assistant)	25 0
2 " " "	41 10	2 Kitchenmaids	19 0
1 " " "	37 0	1 House Maid	23 0
1 " " (Farm)	36 10	1 " " "	22 0
8 " " "	36 0	1 " " "	19 0
6 " " "	35 0	1 Laundry Maid (Head)	34 0
2 " " "	34 0	1 " " "	22 0
2 " " "	33 0	3 " " "	21 0
1 " " "	32 0	1 " " "	20 0
2 " " "	31 0	1 Dining Hall Maid	25 0
				1 " " (Assistant)	20 0
				1 Hall Porter's Wife	16 0

* Are neither boarded nor lodged.

The Male Attendants are allowed one day's leave in 9. Married Attendants are allowed £3 per annum in lieu of washing, £10 per annum for lodging money, and 1s. per day in lieu of rations during absence from sickness. The Female Attendants are allowed one day off duty every 11 days, and an annual holiday of 14 days. All Attendants and Servants have uniform, and 10 or 14 days' leave granted during the year, and board wages at 1s. 6d. per day paid during this leave, and Dinner allowance of 9d. per diem when off duty. Bandmen are paid £1 per year, with an additional 1s. for every performance or practice at which they play. Attendants and Nurses who pass the preliminary examination of the Medico-Psychological Association are granted £1 per annum, subject to their passing the final within 3 years from passing the first examination. Holders of the Final Certificate are granted £2 per annum. Attendants who are members of the Fire Brigade are granted £1 per annum. Value of Emoluments: Males £38; Females £35.

ARTISANS, &c.

1 Bricklayer	Wk. Nett.	£1 12 6	1 Garden Labourer	Wk. Nett.	£0 19 10
1 " (Labourer)	...	1 10 0	1 " " "	...	18 0
1 Baker	...	1 9 0	1 " " "	...	16 0
1 " " "	...	1 5 11	1 General Labourer and Sweep	...	1 5 0
1 Basket-maker	...	1 7 10	1 " " (Temporary)	...	1 5 0
1 Butcher	...	1 4 0	1 House Carter	...	1 4 0
1 Cabinet-maker	...	1 12 0	1 Matmaker	...	1 5 10
1 Carpenter	...	1 11 10	1 Painter and Glazier	...	1 11 10
1 " " "	...	1 10 0	1 Painter	...	1 7 10
1 Carter	...	1 1 11	1 Stoker	...	1 8 0
1 " " "	...	1 1 0	1 " " "	...	1 7 0
1 " (Assistant)	...	10 0	1 Shoemaker	...	1 7 0
1 Cowman	...	1 1 0	1 Store Porter	...	1 6 11
1 " (Assistant)	...	19 0	1 Sewage Labourer	...	18 0
1 Florist	...	1 5 0	1 Stockman	...	17 0
1 Fitter	...	1 10 0	1 Tailor	...	1 8 0
			1 Clerk of the Works (Temporary)	...	3 0 0
1 Bailiff	Week Nett.	£1 12 5			
1 Front Ground Labourer	...	1 0 10	House, Coals, Vegetables, &c.		
1 Gardener	...	1 5 5			
1 Engineer	...	2 5 0	House, Coals, and Gas.		
1 Blacksmith	...	1 5 0	House and Gas.		

Made up on 31st March, 1914. { Officers ... 11 } Total of Staff ... 174
 { Attendants and Servants ... 124 }
 { Artisans, &c. ... 39 }

GEO. PURVEY, Clerk of the Asylum.

TABLE SHEWING THE WEEKLY CHARGE FOR
MAINTENANCE OF PATIENTS CHARGEABLE
TO THE COUNTY BOROUGH OF BRIGHTON.

YEAR.	March.		June.		Sept.		Dec.	
	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>	<i>s.</i>	<i>d.</i>
1903.....		12	6
1904.....	12	6	11	1	10	9	10	6
1905.....	10	6	10	0	10	0	10	0
1906.....	10	0	9	6	9	6	9	6
1907.....	9	6	9	6	9	6	10	0
1908.....	10	0	10	9	11	0	11	0
1909.....	11	0	11	0	11	0	11	0
1910.....	11	0	10	9	10	0	9	9
1911.....	9	9	9	9	9	9	9	9
1912.....	10	0	11	0	11	0	11	0
1913.....	11	6	11	6	11	6	12	0

AVERAGE WEEKLY COST PER HEAD OF MAINTENANCE.

Year ending 31st March.	Provisions.								Clothing.				Salaries and Wages.								Necessaries.								Surgery and Dispensary.								Wines and Spirits.								Furniture and Bedding.								Farm and Garden.								Miscellaneous.								Total.								Less Sales.								Nett Total Cost.																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
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THE MEDICAL SUPERINTENDENT'S REPORT.

THE MEDICAL SUPERINTENDENT has the honour to submit the Tenth Annual Report to you as the Committee of Visitors of the Brighton County Borough Asylum, being the Fifty-fifth since the opening of the Asylum.

The Admissions during the year ending September 30th, 1913, have been—Males, 69; Females, 99; Total, 168.

The Discharges during the year have been—Males, 41; Females, 58; Total, 99.

The Deaths during the same period have been—Males, 47; Females, 47; Total, 94.

The Average Number Daily Resident during the year has been—Males, 355; Females, 464; Total, 819.

The Numbers in the Asylum this day, 30th September, 1913, are—Males, 346; Females, 456; Total, 802.

They are chargeable as follows:—

	Males.	Females.	Total.
To Brighton Parish . . .	224	312	536
To the portion of Steyning Union included in the County Borough of Brighton	26	48	74
To the County Borough of Brighton	3	4	7
To Out-County Unions . .	2	2	4
Private Patients	8	24	32
Patients under Contract—			
London	20	—	20
Eastbourne	63	66	129

The total number of patients chargeable to Brighton and to the Steyning Union has decreased by 27, viz., a decrease of Males, 17, and of Females, 10.

The Admissions during the year from the Parish of Brighton and from the portion of Steyning Union in the County Borough of Brighton have been—Males, 52; Females, 76; Total, 128.

Of the Admissions, 156 in number (excluding transfers from other Asylums), 38.1 per cent. of the Males were deemed curable, and 46.2 per cent. of the Females. Excluding transfers from other Asylums, the percentage of those discharged as recovered within the year is 8.6 per cent. less than last year, viz., 32.1 as against 40.7 per cent.

TABLE I.—SHEWING THE EXPECTANCY OF RECOVERY ON THE DIRECT ADMISSIONS.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	63	8	16	39	19
Females	93	13	30	50	28

TABLE II.—SHEWING THE AGES ON ADMISSION.

	0—5.	5—15.	15—35.	35—55.	55—75.	75 and upwards
Males	16	31	19	3
Females	29	44	22	4

TABLE III.—SHEWING THE FORM OF MENTAL
DISORDER OF THE YEAR'S ADMISSIONS.

	Males.	Females.	Total.
Congenital with Epilepsy	1	1
„ without Epilepsy	3	4	7
Insanity with Epilepsy	4	7	11
General Paralysis	7	2	9
Insanity with the Grosser Brain Lesions	2	2	4
Acute Delirious Mania	2	1	3
Confusional Insanity	1	6	7
Mania—Acute	10	16	26
„ —Chronic
Melancholia—Acute	14	31	45
„ —Chronic	2	..	2
Manic Depressive Insanity	3	5	8
Delusional Insanity	7	9	16
Moral Insanity
Dementia {	Primary	4	9
	Secondary	5	11
	Senile	6	9
TOTAL	69	99	168

TABLE IV.—SHEWING THE FURTHER HISTORY OF
THE YEAR'S DIRECT ADMISSIONS.

	Males.	Females.	Total.
Discharged Recovered	10	17	27
„ to Care of Friends	1	7	8
„ by Operation of Law	—	1	1
Transferred to other Asylums	1	1	2
Died	14	13	27
Remain in Asylum	37	54	91
Total	63	93	156

The Discharges were 99, of whom 41 were Males and 58 Females.

Of the 41 Males who were discharged, 20 had recovered, this being a percentage of 31.7 on the admissions, excluding transfers, 12 were discharged to the care of friends, one was removed to the Workhouse relieved, and 8 were removed to other Asylums.

Of the 58 Females who were discharged, 30 had recovered, this being a percentage of 32.3 on the admissions, excluding transfers, 16 were discharged to the care of friends, 2 were removed to Workhouse relieved, 2 were discharged by operation of law, and 8 were transferred to other Asylums.

In the usual method of reckoning the percentage of recoveries, the year's recoveries are compared with the year's admissions. This is misleading, since many of the recoveries belong to the admissions of previous years. On the other hand, Table IV., showing the after history of the year's admissions, is also unsatisfactory, since the table is only carried to the end of the year, and therefore deals with histories varying in duration from a day or two to twelve months. Further these statistics include the obviously irrecoverable cases, and therefore depend, in part, on the ratio of curable to incurable admissions.

Table V. shows the after history of the recoverable cases admitted during the five years, 1908-12, each case being reckoned from the date of admission.

Here the following cases are excluded:—

- (1) Those deemed to have been certainly irrecoverable on admission.
- (2) Cases removed or died within 3 months of admission.
- (3) Cases (mostly transfers) known to have been insane for at least 6 months before admission.

On the other hand removals from other Asylums, who have been not more than three months under certificate, are included. The history of these is reckoned from the date of certificate and not from the date of admission.

The numbers involved are too small to be of much practical value, but it may be noted that of the 123 Males and 194 Females admitted during the five years 44.7 per cent. of the Males and 57.2 per cent. of the Females were discharged recovered within one year of admission.

Ninety-four deaths occurred, viz., 47 Males, 47 Females. The death rate, based on the average daily number resident, is Males, 13.2; Females, 10.1. For both sexes 11.5 per cent. Of the total deaths 10 were due to tuberculosis, 20 to bronchitis or pneumonia, 12 to heart disease, 9 to nephritis, 15 to general paralysis, 3 to old age, one to exhaustion from mania, 4 to malignant disease, 3 to dysentery, and the remaining 17 to various forms of brain disease or other constitutional disorder.

TABLE VI.—AGES AT DEATH.

	0—5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths.
Males	7	12	22	6	47
Females	8	19	14	6	47
Total	15	31	36	12	94

The Mean Age at Death for both sexes was 55.2 years—Males, 56.4 ; Females, 54.0.

The Coroner held two Inquests during the year, the first in the case of a Male patient, who died suddenly of heart disease, the second in that of a Female, whose death occurred the day after admission. In both cases the Jury's verdict was death from natural causes.

There have been four serious non-fatal casualties, involving fractures of bone, and all due to accidental falls. A Male patient fractured his fibula, two Female patients incurred fracture of the neck of the femur, and another Female a Colles's fracture of the radius.

The general health of the patients has been satisfactory. The Tubercular death rate is 1.2 per cent., the same as last year. There have been a few cases of Dysentery, which remains endemic in the Asylum, three of which terminated fatally.

On the 6th of September, 1913, James Harris, the

Hall Porter, died of heart disease. Harris had 21 years of Asylum service in an arduous, responsible post, and was a thoroughly conscientious, trustworthy man. He was respected by all who knew him, and his loss was deeply regretted by the Staff. His widow will probably be offered a post on the Asylum Staff.

There has been one birth during the year, a Brighton patient being delivered of a child five months after admission.

There has been only one escape, that of a Male patient, who was working with the Blacksmith. He was re-captured and brought back to the Asylum the same day.

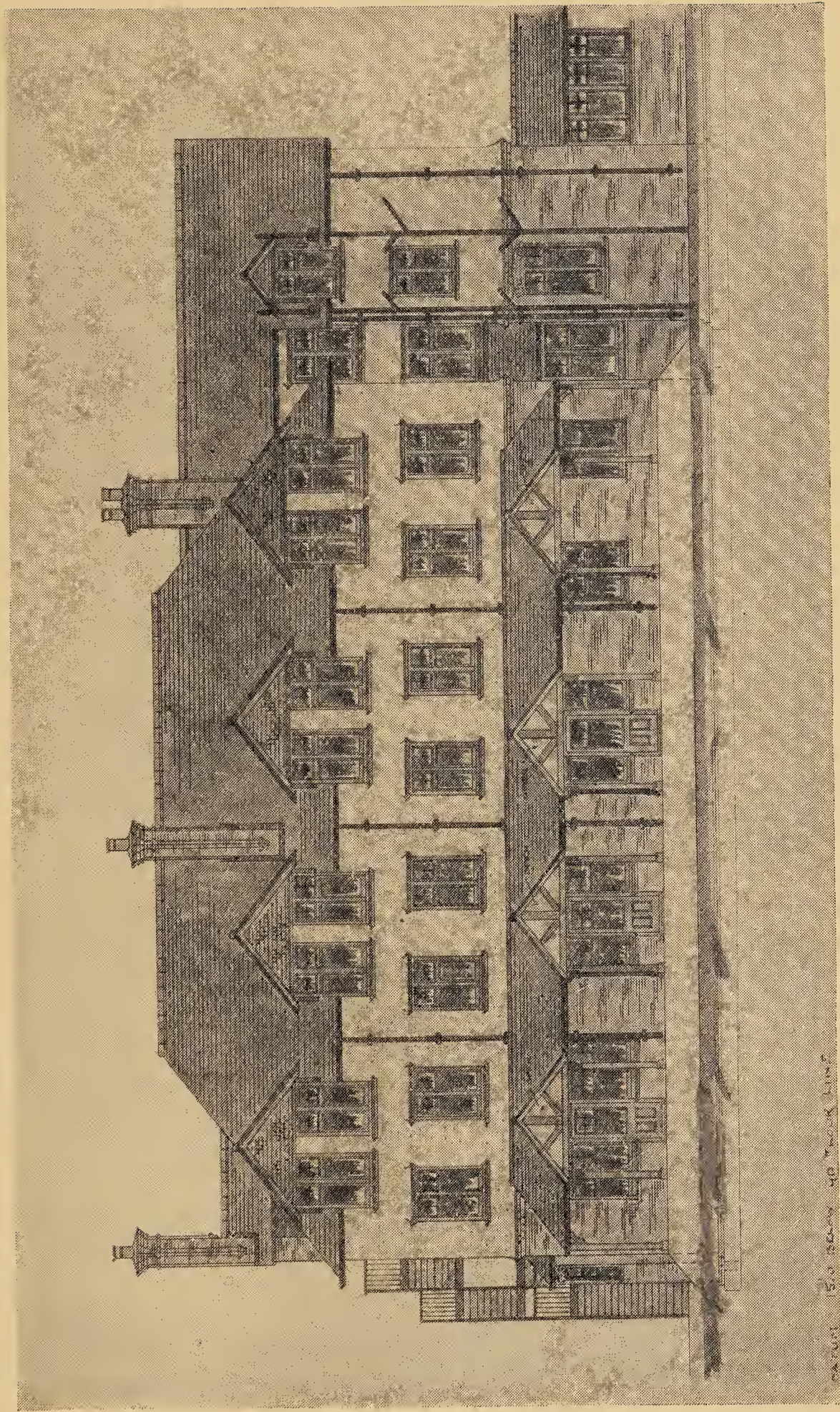
The Commissioners in Lunacy visited the Asylum on the 13th June.

Deputations from the Brighton, Eastbourne, Steyning and Fulham Guardians have visited their patients and left favourable reports.

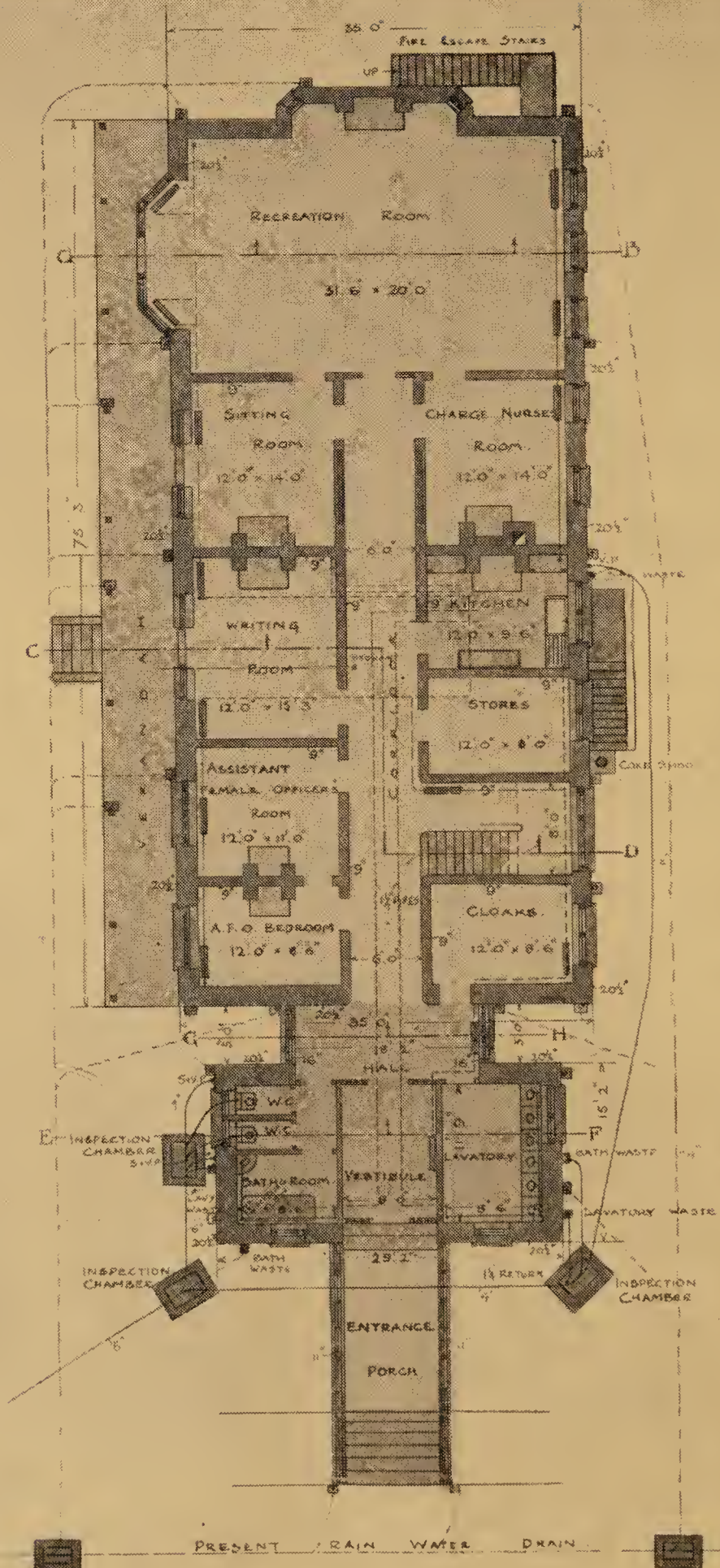
The most important improvement completed during the year is the enlargement and renovation of No. 6 Female Ward. On the Male side, the second story dormitory, the basement corridor, and the Dining Hall scullery have been re-painted and decorated. The renewal of the ceilings on the Female side is completed.

Two important works still in progress are the improvement of the Airing Courts and the erection of the Nurses' Home.

NURSES' HOME—WEST ELEVATION.



NURSES' HOME—GROUND FLOOR.



[illegible]

The new Nurses' Home is being erected by Messrs. R. Cook & Sons to the design of Mr. J. G. Gibbons, your Surveyor, at an estimated cost of £4,800. It is built of brick, faced with red brick, rough cast on the upper floors and roofed with red tiles. The Home contains a large Recreation room, Writing, Reading and Charge Nurses' rooms, Assistant Female Officers' apartments, Kitchen, Cloke and Store rooms, and 28 Nurses' bedrooms. There is a Verandah on the West side with doors from three sitting rooms opening on to it.

There has been one change in the Official Staff, Miss Violet Spence, the Assistant Female Officer, having accepted the post of Assistant Matron at the Severals Asylum, Colchester. This vacancy has been filled by the promotion of Miss Madge Hunter, who has already proved to be an energetic and efficient officer.

In conclusion, I desire to record my thanks to my Medical Colleagues and the Official Staff generally for their loyal co-operation in carrying on the work of the Institution. To you, Gentlemen, I offer thanks for continued confidence and sympathetic support.

CHARLES PLANCK,

Medical Superintendent.

ATTENDANTS AND NURSES WHO HAVE OBTAINED THE
 CERTIFICATE OF THE MEDICO-PSYCHOLOGICAL
 ASSOCIATION.

George Catchlove	Jasper Pattenden
Frederick Cook	Frank Tarry
Louisa Green	Ernest Betts
Albert E. Hunt	Patrick Quinn
Ralph Barton	Edward Cottingham
Stephen W. Sims	James B. McDermott
William Mills	Amos W. Newnham
Harry Hollingdale	Francis W. Osmond
Ellen L. Levett	Lawrence White
Daisy F. Eldridge	

PASSED THE PRELIMINARY EXAMINATION.

Sarah Bent	Frank Chatfield
Ida N. Jones	Ernest H. Vinehill
Edward A. Hammond	Gladys Evans
Charles F. Manning	

31st March, 1914.

THE CHAPLAIN'S ANNUAL REPORT.

THE CHAPLAIN has the honour of laying before the Committee his Annual Report.

There has been no change in the Chapel Services, and the usual visits have been paid to the Workshops and the Wards.

The shelves in the Chaplain's Office and in the Male and Female Wards are well filled with books, so that only two-thirds of the annual grant has been applied for. Four hundred second-hand volumes have been purchased, and after being at the disposal of the Staff, will be sent into the Wards.

The promotion of Miss Hunter has been of great service both for the Organ and the Singing. It has never been very easy to maintain what is practically a voluntary choir, and therefore the certainty of having one good leading voice is a great help, and the congregation has fully appreciated the improvement in the singing.

There have been 94 deaths in the Asylum. Forty funerals have taken place in the Cemetery, the remains of 54 patients having been removed by friends for burial elsewhere.

During the Chaplain's holiday in September, the duties were taken by the Rev. J. F. Coates, Curate of Bedford.

(Signed) E. R. D. LITTLE, M.A.

September 30th, 1913.

STATISTICAL TABLES

FOR THE

YEAR ENDING 31ST DECEMBER, 1913.

TABLE A 1.
General Table, shewing the movement of the Asylum
Population during the Year 1913.

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Asylum Registers, Jan. 1st, 1913	362	463	825			
Total Cases Admitted during the Year	74	113	187			
Total Cases under Treatment during the Year				436	576	1012
Cases Discharged or Trans- ferred during the Year—						
Recovered	21	32	53			
Relieved	12	25	37			
Not Improved.....	6	6	12			
Died during the Year	56	63	119			
Total Cases Discharged, Transferred and Died during the Year				95	126	221
On the Asylum Registers, Dec. 31st, 1913				341	450	791
Average Daily Number on the Registers during the Year...				350	461	811

Certified Persons (i.e., separate persons in contradistinction to "cases," which may include the same individual more than once).

	M.	F.	T.
Certified under Care during the Year ...	433	574	1007
,, Admitted	71	113	184
,, Recovered	21	32	53

TABLE A 2.

GENERAL TABLE, showing the movement of the Asylum Population during each Year since the Year 1859, together with the Recovery and Death Rates.

YEAR.	Admissions.									Total Number under Treatment.	Discharged or Transferred.									Died.	Remaining on Registers 31st December.	Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Recoveries yielded by Direct Admissions on the Direct Admissions.			Percentage of Deaths on Average Number on Registers.														
	Direct.			Indirect.			Total.				Recovered.			Relieved.			Not Improved.					M.			F.			T.			M.			F.			T.			M.			F.			T.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.		M.	F.	T.	M.	F.	T.	M.	F.	T.			M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.						
1859...	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	1	1	2	4	6	10	136	153	289	108	125	233	1'4	2'4	2'0	7'1	13'8	10'5			
1860...	66	75	141	14	29	43	80	104	184	216	257	473	13	22	35	4	3	7	4	...	4	25	9	34	170	223	393	160	198	358	16'2	21'2	19'0	19'7	29'3	24'8	18'2	21'3	19'9	15'6	4'6	9'5			
1861...	52	60	112	51	6	57	103	66	169	273	289	562	6	19	25	2	1	3	12	19	31	27	19	46	226	231	457	194	226	420	5'8	28'8	14'8	11'5	31'7	22'3	11'5	28'3	20'5	14'0	8'4	11'0			
1862...	56	68	124	4	1	5	60	69	129	286	300	586	14	16	30	1	6	7	5	3	8	22	18	40	244	257	501	232	249	481	23'3	23'2	23'3	25'0	23'5	24'2	19'6	23'5	21'8	9'5	7'2	8'3			
1863...	53	21	74	6	1	7	59	22	81	303	279	582	16	18	34	9	2	11	33	1	34	28	15	43	217	243	460	235	256	491	27'1	81'9	42'0	30'2	85'7	45'9	30'2	85'7	45'9	11'9	5'9	8'8			
1864...	60	48	108	4	22	26	64	70	134	281	313	594	11	10	21	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	17'2	14'3	15'7	18'3	20'8	19'4	16'7	18'7	17'6	16'1	8'4	12'1			
1865...	61	53	114	6	4	10	67	57	124	292	333	625	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23'9	29'8	26'6	26'2	32'1	28'9	24'6	30'2	27'2	15'9	10'3	12'8			
1866...	66	85	151	4	4	8	70	89	159	303	366	669	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24'3	28'1	26'4	25'8	29'4	27'8	24'2	29'4	27'2	16'7	10'1	13'1			
1867...	66	92	158	3	1	4	69	93	162	309	396	705	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21'7	29'0	25'9	22'7	29'3	26'6	22'7	28'3	25'9	14'3	11'9	12'9			
1868...	49	71	120	70	2	72	119	73	192	371	388	759	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11'7	46'6	25'0	28'6	47'9	40'0	28'6	43'7	37'5	9'6	7'4	8'4			
1869...	53	67	120	7	1	8	60	68	128	382	393	775	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35'0	36'8	35'9	39'6	37'3	38'3	35'8	37'3	36'7	10'9	8'7	9'8			
1870...	81	80	161	2	3	5	83	83	166	401	415	816	29	32	61	5	2	7	28	29	57	339	352	691	332	344	676	34'9	38'6	36'7	35'8	40'0	37'9	35'8	40'0	37'9	8'4	8'4	8'4			
1871...	50	62	112	2	2	4	52	64	116	391	416	807	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53'8	54'7	54'3	56'0	56'5	56'2	56'0	56'5	56'2	12'5	9'0	10'6			
1872...	89	97	186	49	33	82	138	130	268	399	471	870	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16'7	33'8	25'0	25'8	45'4	36'0	23'6	44'3	34'4	11'8	8'7	10'1			
1873...	96	102	198	4	2	6	100	104	204	432	487	919	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30'0	41'3	35'8	31'2	42'2	36'9	29'2	39'2	34'3	13'4	6'4	9'6			
1874...	118	114	232	1	4	5	119	118	237	461	509	970	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24'4	33'9	29'1	24'6	35'1	29'7	24'6	35'1	29'7	18'4	10'1	13'9			
1875...	112	122	234	10	14	24	122	136	258	481	550	1031	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18'9	25'0	22'1	20'5	27'9	24'4	20'5	26'2	23'5	16'8	14'0	15'3			
1876...	114	102	216	17	15	32	131	117	248	484	536	1020	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32'8	40'2	36'3	37'7	46'1	41'7	36'8	45'1	40'7	11'8	9'4	10'5			
1877...	90	101	191	15	16	31	105	117	222	476	540	1016	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24'8	29'1	27'0	28'9	33'7	31'4	28'9	32'7	30'9	12'8	11'7	12'2			
1878...	103	107	210	9	14	23	112	121	233	470	548	1018	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33'9	25'6	29'6	36'9	29'0	32'9	35'0	28'0	31'4	13'0	13'3	13'1			
1879	102	103	205	2	8	10	104	111	215	458	547	1005	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30'8	32'4	31'6	31'4	35'0	33'1	30'4	33'0	31'7	13'3	11'4	12'2			
1880...	108	109	217	7	5	12	115	114	229	474	551	1025	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40'0	28'1	34'1	42'6	29'4	35'9	42'6	28'4	35'5	14'7	7'1	10'5			
1881...	98	117	215	4	3	7	102	120	222	451	573	1024	45	34	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44'1	28'3	35'6	45'9	29'1	36'7	43'9	28'2	35'3	9'7	7'2	8'3			
1882...	111	103	214	4	4	8	115	107	222	472	596	106																																				

TABLE B 1.

Analysis of the Admissions during the Year 1913.

Classes of Admissions.	Congenital.			Acquired.									Total.		
				First Attack.			Not First Attack.			Unknown whether First Attack or not.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.			
	Direct	5	5	10	47	68	115	15	22	37	3	7	10	70	102
Indirect {	Transfers	3	8	11	1	2	3	4	10	14
	Statutory Re-Admissions	1	1	1	1
Total Admissions.....	5	5	10	50	77	127	16	24	40	3	7	10	74	113	187

TABLE B 3.

Showing the Ages and Civil State on Admission, in the Admissions, Direct and Transfers grouped together, and in the Congenital Cases of the Direct Admissions.

[illegible][illegible]

TABLE B 4.

Showing in the Direct Admissions during the year 1913, excluding the Congenital Cases and the cases "Unknown whether First Attack or not"—(a) The age at commencement of the Present Attack of mental disorder in both the First-Attack and Not-First-Attack cases, respectively arranged according to their civil state; (b) The age on First-Attack in the Not-First-Attack cases; and (c) A statement of the number of Previous Attacks in the Not-First-Attacks, known to have been treated to recovery in an institution or elsewhere.

Civil State.			Ages in Quinquennial Periods.																														Totals.																										
			Less than 10 years of age.			10—14.			15—19.			20—24.			25—29.			30—34.			35—39.			40—44.			45—49.			50—54.						55—59.			60—64.			65—69.			70—74.			75—79.			80—84.			85—89.			Age unknown.		
			M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.				M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.									
First-Attack Cases.	The Ages at commencement of the Present Attack.	Single	2	3	5	2	5	7	1	4	5	3	...	3	...	1	1	...	3	3	1	2	3	...	2	2	1	1	2	2	...	2	2	2	...	1	1	...	1	1	...	1	1	13	28	41					
		Married.....	2	1	3	...	3	3	1	5	6	3	4	7	4	3	7	5	6	11	2	2	4	2	2	4	6	2	8	3	2	5	1	...	1	29	30	59					
		Widowed	2	1	3	...	1	1	1	...	1	1	...	2	2	1	...	1	1	1	2	...	1	1	...	2	2	5	9	14							
		Unknown.....	1	1	1	1	...	1	1								
		Totals	2	3	5	4	6	10	1	7	8	4	5	9	3	5	8	6	7	13	6	9	15	3	4	7	2	5	7	8	3	11	5	3	8	...	2	2	2	2	4	1	2	3	...	2	2	...	3	3	47	68	115
Not-First-Attack Cases.	The Ages at commencement of the Present Attack.	Single	1	1	2	...	1	1	1	2	3	...	2	2	1	...	1	3	6	9							
		Married.....	1	1	1	1	2	...	3	3	1	2	3	1	1	2	2	1	3	2	1	3	...	3	3	2	...	2	1	...	1	10	13	23							
		Widowed	1	...	1	...	1	1	1	1	...	1	1	...	1	...	1	2	3	5									
		Unknown.....										
		Totals	1	2	3	1	2	3	1	5	6	1	4	5	2	1	3	2	2	4	2	1	3	...	4	4	3	1	4	1	...	1	1	...	1	15	22	37					
Totals of First-Attack and Not-First Attack Cases	2	3	5	4	6	10	2	9	11	5	7	12	4	10	14	7	11	18	8	10	18	5	6	11	4	6	10	8	7	15	8	4	12	1	2	3	3	2	5	1	2	3	...	2	2	...	3	3	62	90	152		
The Ages on First-Attack in the Not-First-Attack Cases	1	3	4	1	4	5	3	3	6	...	4	4	4	1	5	...	1	1	2	1	3	...	1	1	1	...	1	1	...	1	2	4	6	15	22	37					
Number of Previous Attacks, in the Not-First-Attack Direct Admissions, known to have been treated to recovery in an Institution or elsewhere.																																																											

TABLE B 5.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the Year 1913.

Forms of Mental Disorder.		Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiotcy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { a. With Epilepsy b. Without Epilepsy	1 4	2 3	3 7	1 4	2 3	3 7
	2. Moral
Insanity occurring later in life.	1. Insanity with Epilepsy	1	7	8	...	2	2	1	9	10
	2. General Paralysis of the Insane	5	3	8	1	...	1	6	3	9
	3. Insanity with Grosser Brain Lesions	2	3	5	2	3	5
	4. Acute Delirium	2	...	2	2	...	2
	5. Confusional Insanity	1	5	6	...	1	...	1	6	7
	6. Stupor	...	1	1	1	1
	7. Primary Dementia	5	3	8	1	1	2	6	4	10
	8. Mania { a. Recent b. Chronic c. Recurrent	8	15	23	1	...	1	9	15	24
	9. Melancholia { a. Recent b. Chronic c. Recurrent	...	1	1	1	1
	10. Alternating Insanity	2	...	2	2	...	2
	11. Delusional Insanity { a. Systematised b. Non-systematised	17	31	48	1	...	1	18	31	49
	12. Volitional Insanity { a. Impulse b. Obsession c. Doubt	...	2	2	...	2	4	4
	13. Moral Insanity	6	7	13	6	7	...
	14. Dementia { a. Senile b. Secondary
Totals		70	102	172	4	11	15	74	113	187

TABLE B 6.—Showing the Occupations of the Direct Admissions, excluding the Congenital Cases, during the Year 1913, distinguishing between First-Attack Cases, Not-First-Attack Cases, and Cases Unknown-whether-First-Attack-or-not; and, in respect of the First-Attack Cases, arranged according to the Age at Commencement of the Mental Disorder.

Symbol.			Name of Occupations.	First Attack Cases.											Not-First-Attack Cases.			Unknown-whether-First-Attack-or-not.			Total Direct Admissions, excluding Congenital Cases.				
Group.	Sub-group.	Sub-division.		Age at commencement of the Mental Disorder.																					
				10—14.	15—19.	20—24.	25—34.	35—44.	45—54.	55—64.	65—74.	75 and upwards.	Not known.	Total.											
													M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	
C	g	1	Engraver.....	1	...	1	1	...	1	
C	g	5	Actor.....	1	1	...	1	1	...	1	
C	b	6	Theatre Attendant.....	1	1	...	1	1	...	1	
D	b	2	Garden Labourer.....	1	...	1	1	...	1	
D	c	3	Tollkeeper.....	1	1	2	...	2	2	...	2	
E	a	4	Traveller.....	1	1	...	1	1	...	1	
E	a	5	Accountant.....	1	...	1	1	...	1	
E	b	1	Clerk.....	1	1	...	1	1	...	1	
F	a	7	Railway Labourer.....	1	1	...	1	1	...	1	
F	a	8	„ Signalman.....	1	1	...	1	1	...	1	
F	b	1	Cab Proprietor.....	1	1	...	1	...	1	...	1	...	2	...	2	
F	b	2	Cabman.....	1	1	...	1	1	...	1	
F	b	3	Carman.....	1	1	...	1	1	...	1	
F	c	1	Boatman.....	1	1	2	...	2	2	...	2		
F	e	2	Coal Porter.....	1	...	1	...	1	...	1	2	...	2	
F	e	3	Porter.....	2	2	2	...	2	2	...	2	
H	a	1	Fisherman.....	1	1	...	1	1	...	1	
K	c	6	Metal Turner.....	1	1	...	1	...	1	2	...	2	
K	b	6	Iron Trimmer.....	1	1	...	1	1	...	1	
L	b	1	Watchmaker.....	...	1	1	1	...	1	1	...	1	
L	c	1	Piano Tuner.....	1	1	...	1	1	...	1	
M	a	1	Builder.....	1	1	...	1	1	...	1	
M	a	2	Builder's Yardsman.....	1	...	1	1	...	1	
M	a	3	Carpenter.....	1	...	1	1	...	1	
M	a	4	Bricklayer.....	1	1	...	1	1	...	1	
M	a	5	Builder's Labourer.....	1	1	...	1	1	...	1	
M	a	12	House Painter.....	1	1	2	...	2	1	...	1	
M	a	14	Gas and Hot Water Fitter.....	1	1	1	...	1	1	...	1	
M	a	2	French Polisher.....	1	1	...	1	1	...	1	
N	a	18	Antique Dealer.....	1	1	...	1	1	...	1	
N	b	1	Printer.....	1	1	1	...	1	1	...	1	
R	b	5	Newsagent.....	1	1	...	1	2	...	2	
S	g	1	Draper's Assistant.....	1	1	...	1	...	1	1	...	1	
T	a	11	Seaman.....	1	1	...	1	1	...	1	
T	a	18	Shoemaker.....	1	1	...	1	1	...	1	
T	a	20	Hairdresser.....	1	...	1	1	...	1	
V	a	2	Milkman.....	1	...	1	...	1	1	...	1	
V	a	6	Butcher.....	1	1	...	1	...	1	2	...	2	
V	a	16	Grocer's Assistant.....	...	1	1	1	...	1	...	1	1	...	1	
V	c	2	Brewer's Labourer.....	1	1	...	1	1	...	1	
V	d	2	Lodging House Keeper.....	1	1	...	1	1	...	1	
V	d	3	Licensed Victualler.....	1	1	...	1	1	...	1	
X	b	7	Packer.....	1	...	1	1	...	1	2	...	2	
X	c	3	Fish Hawker.....	1	...	1	2	...	2	2	...	2	
X	d	1	General Labourer.....	1	...	1	...	1	4	...	4	3	...	3	1	...	1	...	8	
Y	a	1	Railway Pensioner.....	1	1	...	1	1	...	1	
Y	a	4	Not known.....	1	...	1	1	...	1	2	...	2	
C	c	5	Nurse.....	1	1	2	2	...	1	1	...	1	1	4	4	
C	d	1	School Mistress.....	1	1	1	1	1		
C	g	5	Actress.....	1	17	17	...	3	3	...	5	5	...	25	25	
D	a	2	Domestic Servant.....	...	3	3	4	3	2	1	2	2	2	2		
D	c	3	Caretaker.....	1	...	1	1	2	2	3	3		
D	c	5	Charwoman.....	1	1	2	2	...	1	1	4	4		
D	c	6	Laundress.....	2	...	1	3	3	...	1	1	2	2		
D	c	7	Housekeeper.....	1	...	1	...	2	2	1	1		
D	b	1	Clerk.....	1	1	1	1	1		
E	a	3	Upholstress.....	1	1	1	1	1		
N	a	1	Draper's Assistant.....	1	1	1	1		
S	a	7	Tailoress.....	2	...	3	3	1	1	...	4	4		
T	a	9	Dressmaker.....	1	1	1	1	1	1		
T	a	11	Needlewoman.....	1	1	1	1	1		
T	a	22	Theatrical Costume Maker.....	1	1	1	1	1		
T	d	2	Lodging-house Keeper.....	30	30	...	14	14	44	44		
Y	a	4	No Occupation.....	2	5	5	9	3	3	3		
Totals														47	68	115	15	22	37	3	7	10	65	97	162

Showing the *Æ*tiological Factors and Associated Conditions assigned in the Direct Admissions during the Year 1913, distinguishing between cases—Congenital, First-Attack, Not-First-Attack, and Unknown-whether-First-Attack-or-Not.

* One entry, and one only, has been made in these columns for each case recorded in them ; thus the totals of these columns will equal the number of cases belonging to that particular class.
+ As several factors will have sometimes been entered in these columns in respect of one case, and, on the other hand, there may have been none to enter, no attempt should be made to totalise these columns.
† All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.
‡ The figures in this column, as far as the end of Group L, should be repeated in Table B 8 in the column similarly marked.

TABLE B 9.

Showing the GENERAL PARALYTICS in the Direct Admissions during the Year 1913, arranged according to their Ages at Commencement of the Attack and to their Civil State, and also the number of instances in which the Attack was ascertained to have been preceded by Syphilis, together with the Age at which the latter was contracted.

Civil State.	Age at Commencement of the Attack of General Paralysis.																								Totals.			With positive evidence of Syphilis.					
	Under 15.			15—19.			20—24.			25—34.			35—44.			45—54.			55—64.			65 and upwards.									Unknown.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Single
Married	1	1	3	...	3	1	1	2	1	...	1
Widowed	1	1	5	2	7	2	...	2
Unknown	1	1
Totals	1	1	3	...	3	1	2	3	1	...	1	5	3	8	2	...	2
Syphilis, Congenital
„ contracted prior to age 25
„ „ 25—34
„ „ 35—44
„ „ 45—54
„ „ at or after age 55
„ „ at age unknown	2	...	2	2	...	2

TABLE C 1.
An Analysis of the Discharges and Transfers during the
Year 1913.

[illegible]

TABLE C 2.

Showing in the Total Cases Discharged Recovered during the Year 1913 the ages in Quinquennial Periods—(a) On Recovery, and (b) at the Commencement of the Recent Attack of Mental Disorder, arranged according to the Total Length of such Attack.

Age Periods... {	Less than 10.		10-14.		15-19.		20-24.		25-29.		30-34.		35-39.		40-44.		45-49.		50-54.		55-59.		60-64.		65-69.		70-74.		75-79.		Age Un-known.		Total.		
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.		
Age on Recovery	1	...	1	1	2	1	3	5	4	2	9	...	5	4	2	2	2	...	3	4	...	1	1	...	21	32	53

Total Length of this Attack of Mental Disorder.	Age at Commencement of Recent Attack of Mental Disorder.																																		
Less than 1 month	1	...	1	...	1
1 month and less than 3 months.....	1	2	1	2	1	1	...	1	1	...	1	4	7	11	
3 months „ 6 „	1	2	1	1	2	3	...	2	1	1	1	1	...	1	1	6	12	18	
6 „ „ 9 „	2	1	...	1	1	5	5
9 „ „ 12 „	1	1	1	1	2
12 „ „ 18 „	1	1	...	1	1	1	2	3	5	
18 „ „ 2 years	1	1	1
2 years „ 3 „	2	2	...	2	
3 „ „ 5 „	1	1	1	1	2	
5 „ „ 10 „	2	1	1	3	1	4	
10 „ „ 15 „	1	1	...	1	
Duration unknown	1	...	1	1	
Totals.....	1	...	1	1	2	3	3	5	4	1	8	1	6	2	2	2	1	1	3	4	1	1	21	32	53

TABLE C 3.

Showing the Form of Mental Disorder, on Admission, in those Discharged Recovered during the Year 1913.

Forms of Mental Disorder (on Admission).	M.	F.	T.
Insanity with Epilepsy.....	...	3	3
Insanity with the Grosser Brain Lesions	1	1	2
Confusional Insanity.....	...	3	3
Mania—Recent	6	4	10
„ Chronic	2	2	4
„ Recurrent	2	...	2
Melancholia—Recent	6	15	21
„ Chronic
„ Recurrent	2	4	6
Delusional Insanity—Systematised	2	...	2
Totals	21	32	53

Showing the *Æ*tiological Factors ascertained in the Recoveries during the Year 1913, distinguishing between cases—First-Attack, Not-First-Attack, and Unknown-whether-First-Attack-or-Not.

* One entry, and one only, has been made in these columns for each case recorded in them; thus the totals of these columns will equal the number of cases belonging to that particular class.
 † As several factors will have sometimes been entered in these columns in respect of our case, and, on the other hand, there may have been none to enter, no attempt should be made to totalise these columns.
 ‡ All cases believed to have suffered, at any time in their lives, from Syphilis have been entered.
 § The figures in this column, as far as the end of Group L, should be repeated in Table B 8 in the column similarly marked.

TABLE C 6.

Showing in the RECOVERIES during the year 1913 the Duration of the present attack previous to admission, either direct to this Institution or to any other Institution under the existing Reception Order, and also the Duration of Residence (including absence "on leave") in this and any other Institution from which the patient may have been transferred, arranged according to whether the attack is the First, "Not-First," or "Unknown-whether-First-or-not."

[illegible]

TABLE D 1.

Showing all the Causes of Death that entered into the Deaths during the Year 1913, arranged as Principal, Contributory, and the Totals of these; also the number of times each Cause (whether Principal or Contributory) was associated with certain Selected Causes; and the number of occasions each principal Cause of Death was verified by Post-mortem Examination.

[illegible]

* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 2.

TABLE D 2.—Showing the Principal Cause of Death in each Death during the Year 1913, together with the Ages at Death in Quinquennial Periods.

Principal Causes of Death.	Ages at Death in Quinquennial Periods.															
	Less than 10.		10—14.		15—19.		20—24.		25—29.		30—34.		35—39.		40—44.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
General Diseases—																
Dysentery
Tuberculosis of Lung
Cerebral Syphilis
Cancer of																
Stomach, Liver, &c.
Genital Organs
Breast
Diseases of Nervous System—																
Cerebro-Spinal Sclerosis
Cerebral Hæmorrhage
General Paralysis of the Insane
Exhaustion from Mania.....
” ” Melancholia
Epilepsy
Cerebral Tumour (not malignant)
Diseases of Circulatory System—																
Valvular Disease of Heart
Fatty Degeneration ”
Arterio-Sclerosis
Diseases of Respiratory System—																
Bronchitis
Broncho-Pneumonia
Lobar Pneumonia.....
Pulmonary Congestion
Diseases of Digestive System—																
Gastric Ulcer
Cirrhosis of Liver.....
Gastric Dilatation.....
Abscess of Gall Bladder.....
Diseases of Genito-Urinary System																
Acute Nephritis.....
Bright’s Disease
Totals

* The figures in this column should correspond with those in the column indicated by an asterisk in Table D 1.

TABLE D 3.

Shewing the Total Duration of the Present Attack of Mental Disorder in the Deaths during the Year 1913, arranged according to the Form of Mental Disorder on Admission.

[illegible]

TABLE E 1.

Showing the Ages (in quinquennial periods) of those on the Registers on the 31st December, 1913, arranged according to the Total Duration of present Attack of Mental Disorder.

Total Duration of Present Attack of Mental Disorder.	Ages on 31st December, 1913, of those on Registers at that date.																														Totals.			
	Less than 10.		10-14.		15-19.		20-24.		25-29.		30-34.		35-39.		40-44.		45-49.		50-54.		55-59.		60-64.		65-69.		70 and over.		Un- known.					M.
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	T.			
Congenital	6	3	9	8	14	7	11	8	7	1	5	3	6	6	3	4	3	1	...	1	64	42	106*
Less than 3 months	2	1	...	3	...	2	1	1	3	1	...	1	1	...	2	9	9	18	
3 months and less than 6 months	2	...	1	1	2	...	1	...	1	1	...	1	1	...	1	1	4	9	13	
6 ,, ,, 12 ,, 	1	2	1	4	...	2	1	1	1	...	1	1	1	2	1	1	...	1	7	14	21	
12 ,, ,, 18 ,, 	1	1	2	1	...	1	...	1	1	1	1	2	...	1	...	2	2	1	1	...	1	2	9	13	22	
18 ,, ,, 2 years 	1	...	1	1	1	2	...	2	3	...	1	...	2	1	1	6	10	16	
2 years ,, 3 ,, 	2	1	2	...	1	2	2	1	2	3	3	1	3	5	...	1	1	5	1	1	1	4	18	24	42	
3 ,, ,, 5 ,, 	2	3	1	3	2	3	4	6	5	4	6	1	5	...	3	2	6	2	2	...	3	24	39	63		
5 ,, ,, 10 ,, 	1	...	6	9	4	14	11	11	10	16	7	10	10	14	7	10	6	9	11	10	5	6	78	109	187		
10 ,, ,, 15 ,, 	2	9	2	7	5	9	8	6	12	2	15	6	4	2	13	2	3	3	8	46	72	118		
15 ,, ,, 20 ,, 	1	1	4	...	5	6	6	8	6	8	3	6	3	14	2	2	3	8	33	53	86		
20 ,, ,, 30 ,, 	1	1	3	2	6	6	5	6	5	15	2	5	2	4	2	3	26	42	68		
30 ,, ,, 40 ,, 	1	2	2	1	2	3	...	1	4	...	2	3	12	9	21		
40 ,, and over	1	1	...	1	...	3	4	5	5	10		
Totals.....	6	4	14	17	28	25	31	36	39	27	45	49	44	52	36	64	28	51	20	55	29	26	21	44	341	450	791	

* The figures here should correspond with the total of (a) and (b), Congenital Cases, in Table E 2.

TABLE E 2.—Showing the Form of Mental Disorder on 31st December, 1913, of those on the Registers at that date.

Forms of Mental Disorder on 31st December.		M.	F.	T.
Congenital or infantile mental deficiency (idiocy or imbecility) occurring as early in life as it can be observed.	1. Intellectual { <i>a.</i> With Epilepsy <i>b.</i> Without Epilepsy	18 46	20 22	38 68
	2. Moral
Insanity occurring later in life.	1. Insanity with Epilepsy.....	24	25	49
	2. General Paralysis of the Insane	7	1	8
	3. Insanity with Grosser Brain Lesions	3	8	11
	4. Acute Delirium
	5. Confusional Insanity	1	5	6
	6. Stupor	4	4
	7. Primary Dementia	20	6	26
	8. Mania { <i>a.</i> Recent..... <i>b.</i> Chronic	9 55	25 70	34 125
	<i>c.</i> Recurrent	11	12	23
	9. Melancholia { <i>a.</i> Recent..... <i>b.</i> Chronic	16 43	49 59	65 102
	<i>c.</i> Recurrent	4	16	20
	10. Alternating Insanity	1	2	3
	11. Delusional Insanity { <i>a.</i> Systematised <i>b.</i> Non-systematised	22 9	16 19	38 28
	12. Volitional Insanity { <i>a.</i> Impulse <i>b.</i> Obsession
	<i>c.</i> Doubt	1	1	2
Totals		341	450	791
Prospect of Mental Recovery { Favourable Doubtful		9 9	15 10	24 19
Unfavourable.....		323	425	748

DIET SCALE.

DINNER at 1.0 P.M.										SUPPER at 6.0 P.M.															
Males.					Females.					Males.					Females.										
Bread.	Meat Pudding.	Plum Dumpling.	Suet Pudding.	Uncooked Meat.	Cheese.	Pea Soup.	Irish Stew.	Vegetables.	Bread.	Uncooked Meat.	Cheese.	Pea Soup.	Irish Stew.	Vegetables.	Bread.	Cake.	Butter.	Jam.	Tea.	Bread.	Cake.	Butter.	Jam.	Tea.	
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Bread is given practically *ad libitum*.

DINNER.

		<i>Male Patients.</i>		<i>Female Patients.</i>			<i>Male Patients.</i>	<i>Female Patients.</i>
Sunday	...	Boiled Meat and Suet Pudding, with Rice and Fruit in season.	Pea Soup.	Roast Meat, with Rice and Fruit in season.	Friday	...	Meat or Rabbit Pies or Pudding. Every other Friday, $\frac{3}{4}$ lb. of Fresh Fish, 12oz. Potatoes and 4oz. Bread and Sauce.	Pea Soup.
Monday	...	Meat Pudding or Pie.		Boiled Meat with Peas Pudding or Rice. Irish Stew.	Saturday	...	Irish Stew.	Meat or Rabbit Pies or Pudding. Every other Saturday, 10oz. of Fresh Fish, 12oz. Potatoes and 4oz. Bread and Sauce.
Tuesday	...	Plum Dumpling & Sauce or Suet Pudding with Treacle.		Meat Pudding or Pie.				
Wednesday	...	Roast Meat.		Plum Dumpling & Sauce or Suet Pudding with Treacle.				
Thursday	...							

Bread and Vegetables Daily.—When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females. Yorkshire Pudding or Fruit Tart occasionally substituted for other Puddings.

Extra Diet for Sick.—Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Male Working Patients.— $\frac{1}{2}$ pint Gingerette or other Non-alcoholic Liquors, 4oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ pint Gingerette at 4 P.M. Tobacco and Snuff given as indulgences.

Ditto Female Working Patients.— $\frac{1}{2}$ pint Cocoa, 4oz. Bread, 1oz. Cheese at 11 A.M., and 4oz. Bread, $\frac{1}{2}$ oz. Butter, and $\frac{1}{2}$ pint Tea at 4 P.M.

Cocoa for One Hundred Patients.— $3\frac{1}{4}$ lbs. Cocoa, $4\frac{3}{4}$ lbs. Sugar, 2 gallons Milk, or more, if the Dairy yields it.

Coffee *Ditto* $1\frac{1}{4}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, $3\frac{1}{4}$ lbs. Sugar, 2 gallons Milk.

Tea *Ditto* 1lb. Tea, 4lbs. Sugar, and 2 gallons Milk.

Pea Soup { The Liquor of the Cooked Meat, Bones, &c.; 18lbs. Split Peas; Carrots, Cabbage, Parsnip, Leeks, 25lbs. Meat; 25lbs. Flour; 6 $\frac{1}{2}$ lbs. Suet.

Meat Pudding or Pie *Ditto* 25lbs. Meat with Potatoes and other Vegetables and Pearl Barley.

Irish Stew *Ditto* 25lbs. Meat with Potatoes and other Vegetables and Pearl Barley.

Plum Pudding *Ditto* 12lbs. Suet; 8lbs. Raisins; 8lbs. Currants.

Suet Pudding *Ditto* 60lbs. Flour; 15lbs. Suet.

Attendants' and Servants' Diet.—1lb. Uncooked Meat (Women, $\frac{3}{4}$ lb.), 1lb. Vegetables, 1lb. Bread, $\frac{1}{2}$ pint New Milk daily; 4oz. Tea, 1lb. Lump Sugar, $\frac{1}{4}$ lb. Coffee, 1lb. Bacon, 10oz. Butter, 1lb. Cheese (Women, $\frac{1}{2}$ lb.) weekly. Sunday—Fruit Pudding or Tarts, Jam and Cake alternately.

Thursday—Sweet Puddings or Tarts. Suet or Peas Pudding and Dried Fish or Eggs once a week. If Puddings or Tarts are served three times a week deduct $\frac{1}{4}$ lb. meat. Night Attendants (non-resident) 2oz. Tea and 8oz. Lump Sugar weekly.

(Signed) CHARLES PLANCK,
Medical Superintendent.

31st March, 1914.

REPORT OF COMMISSIONERS IN LUNACY.

BRIGHTON ASYLUM,

HAYWARDS HEATH,

June 13th, 1913.

During the sixteen months that have elapsed since this Asylum was visited by members of our Board the following changes have taken place amongst the patients:—

	Males.	Females.	Total.
Admitted	125	134	259
Left	61	71	132
Of whom had recovered	25	35	60
Died	50	50	100

There are now on the books the names of 814 patients, of whom 344 are males and 470 are females; of these 8 and 22 respectively are of the private class, but for whom no special accommodation separate from the other patients is provided, 154 are out-county patients, 63 men and 66 women being received under a contract from the Borough of Eastbourne, and 20 men under a contract with the London Asylums' Committee; 5 other patients are chargeable to four Unions outside the Borough.

In addition to the above numbers the Borough of Brighton have 12 children boarded out at the East Sussex Asylum.

The weekly maintenance rate for the private patients is either 16/- or 42/-, for the Borough patients 11/6, and for the others 14/- per head.

According to the return of accommodation furnished to us there are at present vacancies for 17 men and 33 women. All the patients whose names are on the books are in residence, and have been seen by us during the course of our visit.

There was much noisy confusion in some of the wards on the female side, and generally much restlessness among the women. We received also a large number of complaints from them, chiefly relating to the subject of detention, but in some cases to the want of consideration on the part of the nurses.

We think that in some matters the administration of the Asylum leaves much to be desired ; and it appears to us that much greater care is necessary in the selection of the female staff.

We found the men, however, more contented, and generally orderly in their behaviour, and we received but few complaints from them, which were either on the score of detention or the outcome of their mental state.

We saw the dinners served in the two dining halls : that on the female side consisted of pea soup and bread and cheese, and that on the male side of boiled fish and potatoes. In the female hall we noticed that the patients straggled in in relays, and that some had got well on with their dinners before the others had even sat down. There was also a good deal of noise going on throughout the meal. Good order prevailed, however, in the male hall. At both dinners we observed that grace was not said before the meal began.

The condition of the patients' dress was fair on the whole, but left something to be desired on the score of neatness.

The day rooms and galleries were tidy and in good order, and the beds and bedding in the dormitories and single rooms clean and in proper condition.

Since the last visit No. 6 Ward on the male side has been improved generally by having the walls plastered and new windows placed. No. 6 on the female side has been enlarged, and the new part of the Ward is now in occupation; the old part is now being re-decorated and will soon be finished. Re-decoration has also been carried out in four Wards on the male side, but we should have liked to have seen them done in lighter colours. One padded room on each side has now been fitted with floor padding which is irremovable by patients.

The enlargement of the airing courts on both sides is now in progress, and the paths are being tar paved. We think, however, that the parts that have not yet been touched should have been kept in better order and the grass kept properly mown.

During the period under review there has been no recorded use of seclusion or mechanical restraint.

From the Annual Returns for 1912 furnished to our office we find that the attendance at the Church of England service is still rather low and below the average in asylums generally.

We are glad to learn that the Visiting Committee have appointed a Roman Catholic priest to attend

twice a month at the Asylum, and that he is paid for his services. A service is held by him once a month, and 16 out of the 42 patients professing the Roman Catholic faith are usually present.

Thirty-eight per cent. of the patients were usually present at the weekly entertainments, and 58 per cent. of them were usefully employed, the proportion of women being satisfactory, but that of the men still low.

In 64 per cent. of the deaths *post mortem* examinations were held, and in none of them were bedsores present, a fact indicating the care and efficiency in the nursing of the sick. Thirteen per cent. of the deaths were from general paralysis, the same percentage from phthisis, and 4 per cent. from senile decay. In 7 per cent. dysentery was the cause of death, and there have been 37 cases of that disease in the Asylum since the last visit; those, with one of erysipelas, form the only cases of zymotic disease.

There has been an inquest on a man who died suddenly from heart disease, but all the deaths were from natural causes. Sixty-four patients, or 7.8 per cent. of the whole, were in bed during our visit, but none of them were suffering from a bedsore, and there were but few cases of acute sickness among them.

There have been five serious but non-fatal casualties, all of them involving fractures of bones, and all accidentally sustained. Three of them were undergoing treatment during our visit.

We noticed, with regret, patients suffering from tuberculosis were being treated in the wards; we hope that the Committee will favourably consider, at an

early date, the erection of verandahs which will enable such and other suitable cases to have the now well-proved benefit of open-air treatment.

A numerically adequate staff of attendants and nurses is maintained, being in the proportion of one to every 9.6 patients by day. The service of the men is good, 62 per cent. of them being able to reckon over five years' service, but the record of the nurses leaves much to be desired, 41 per cent. of them having under one year's service, and only 13 per cent. of them over five years.

In connection with the staff one matter we would draw attention to is the necessity of strictly enforcing the regulation as to such articles as scissors and hatpins being kept in locked drawers in the nurses' bedrooms which open out of the wards.

The case books and other medical records are neat and carefully kept.

B. T. HODGSON,	{	Commissioners in Lunacy.
F. NEEDHAM,		

BRIGHTON ASYLUM,

HAYWARDS HEATH,

March 27th, 1914.

Since the last visit from members of our Board in June, 1913, the new Nurses' Home for the accommodation of 28 nurses has practically been completed and will soon be ready for furnishing and subsequent occupation. We went over it to-day and were much

pleased with the addition to the Staff accommodation, and hope that this consideration of the Committee for the welfare and comfort of the nurses will have a beneficial effect on the length of service, which in that branch of the Staff is by no means what we should like to see it, as many as 41 per cent. of the nurses having under a year's service and but 13 per cent. having over five years. Another matter on which we desire to comment most favourably is the very considerable improvements which have been effected in the airing courts. They have been enlarged, flower beds have been laid out, some of which have already been planted, and when the paths have been properly gravelled and thoroughly repaired they will be not only a valuable but an attractive aid to the administration of the Asylum. Some painting and re-decoration has been carried out in some of the wards and corridors, and still further renovation is at present in hand.

The wards were clean and properly kept, and the beds and bedding throughout the building were in very good order. We saw all the patients in residence, and, apart from the question of discharge, received no complaint of any kind, except from a woman in Ward 6. She was in bed suffering from a severe black eye, and alleged that whilst medicine was being administered to her by the Charge Nurse of the ward, with the assistance of two other nurses, the Charge Nurse had struck her on the buttocks and slapped her face. On making a similar complaint to one of the Assistant Medical Officers, he had gone thoroughly into the question, and formed the opinion that the injury was accidental and was caused by the Nurse's keys swinging and striking

the patient in the eye, thereby producing a small cut in the skin, during a severe struggle, the patient, after taking her medicine, having suddenly and without provocation attacked and fixed her fingers in one of the nurses' hair. The patient has periodic attacks of excitement and is an epileptic. We went very thoroughly into the matter, and we arrived at a conclusion similar to that before mentioned as the result of the Medical Officer's enquiry.

The day being fine, many of the acute patients were out of doors, and there was to-day, we were pleased to note, a very general freedom from excitement even in those wards where the most troublesome patients are located. We are glad to hear that the Committee have had under their consideration the question of making better provision for the treatment and nursing of tuberculosis patients by the construction of verandahs as an adjunct to the male and female infirmaries. We discussed this question very fully with Dr. Planck, and although there are, no doubt, difficulties, owing to the levels of the wards, we think they could easily be overcome, and we trust that ere long the erection of suitable verandahs will be taken in hand. Until this has been carried out, the proper nursing of patients in an acute or tuberculosis condition cannot be properly or efficiently dealt with.

We make the following further suggestions on minor, but not unimportant, points. The windows in No. 6 F. should be made capable of being opened wider for better ventilation, and, for similar reasons, the windows in the dormitory section of F. 5 should be altered to conform with those in the other part of the ward.

The iron window fasteners in some of the single rooms should be removed as a further protection against the attempts of suicidally inclined patients, and the window opener in F. 6 lavatory should be altered for like reasons. Book shelves, open at all times to the patients, should be provided in M. 1 and 2, and cheaply-bound picture papers should be supplied for the use of all the wards, but especially for the use of those patients whose mental state is such that they cannot avail themselves of the supply of general literature now in use.

Since June 13th, 1913, there have been 138 admissions, 73 have been discharged or removed, of whom 45 had recovered and 93 have died. We were glad to know that money allowances were made to six out of the seven patients who were allowed out on trial, but we should like to see greater use made of the trial of patients before final discharge.

There are on the Statutory books the names of 786 patients, 345 males and 441 females, of whom 32 are private and 153 are out-county patients, 125 of whom are received under contract from the Borough of Eastbourne and 20 from the London Asylums' Committee; 8 other patients are chargeable to Unions outside the Borough. Seven children are in addition boarded out at the East Sussex Asylum. Two patients are on trial, leaving 784—344 males and 440 females—in residence. There are, according to the Returns, vacancies for 16 men and 63 women.

The maintenance charge is:—For home patients, 12/6 per head per week; for out-county, 14/-; and for private patients, 16/- and 42/-.

We saw a dinner of rabbit pie and vegetables served in the Male Dining Hall, and of soup with bread and cheese in the Women's Hall. The latter is not a popular dinner, but the soup was good and the portions were ample. The form of saying grace was gone through on the Male side, but we think more attention should be paid to this matter; that grace should be reverently said or sung when the patients are all in their places, and that the dinners should then be quietly served.

There is no record of any seclusion or mechanical restraint.

The attendance at the Sunday Church of England services and at the associated entertainments is low, as also is the number walking beyond the Asylum estate, being only 19 per cent., but the proportion of those able to walk and confined to the wards and courts is good, being as low as 9 per cent. The percentage of those employed is fair.

An adequate staff is employed, there being an attendant and nurse to every 9.1 patients, and 62 per cent. of the former have over five years' service and but 15 per cent. have under a year's service.

The Nursing Certificate of the Medico-Psychological Association has been obtained by 34 per cent. of the attendants and 6 per cent. of the nurses; to these a payment of £2 per annum is made by the Committee.

All the 38 male and 55 female deaths were due to natural causes, which were verified by *post mortem* examination in barely 57 per cent. of the cases, a proportion which, bearing in mind not only the scientific

but also the protective value of these examinations, we should like to see increased. Inquests were held in three cases.

General paralysis was the cause of death in 21 per cent. of the males, which may be contrasted with 5.4 per cent. in the case of the females. On the other hand, as respects the latter sex, while as many as 9 per cent. of the deaths were certified as due to malignant disease, none of the deaths among the males were so ascribed. Tuberculosis was one of the certified causes of death in 14 per cent. of the total deaths, but a reference to the *post mortem* records shows that this proportion does not represent all the cases in which this affection in active form was present at death. Among the patients we saw in bed were several suffering from this communicable disease, the majority of whom were in the general dormitories, one of them, for instance, occupying a bed in close proximity to a young woman, recently admitted and regarded as suffering from a recoverable form of mental disorder. These circumstances emphasise the urgent need to which allusion has been already made, and that the medical staff should be provided with means for adequately segregating such cases.

The patients in bed numbered 15 men and 61 women, which numbers are equivalent to slightly more than 9 per cent. of the total in residence. One-third of those in bed were there by reason of their mental state. We were glad to notice that this form of treatment was systematically practised in the case of all new admissions. We recommend the provision of a liberal supply of bed tables as a material adjunct to the comfort of those in

bed. We would also suggest that, to assist the medical work in the Infirmarys, one of the staff rooms adjoining each might well be equipped as a clinical room. Besides the incidence of tuberculosis already mentioned, there have been 15 cases of dysentery, all confined to the female side. We thought the means for disinfecting soiled clothing in the laundry far from adequate, and would suggest, at least, the provision of a tank in which such articles could be boiled by the aid of live steam.

Casualties of at all a serious nature have been limited to nine cases of fractures. While one was the result of a kick from a fellow patient, the others were all sustained accidentally.

We examined the Statutory Registers and Case Books. They were in good order and generally posted to date. We suggest that the entries in the latter might be made of more scientific value if it could be found possible to institute the system of moulding them in the first instance on loose clinical records in the wards.

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